BOWLS & PLATTERS



Big Bowls
Your choice of protein cooked to
perfection, served on steamed rice,
with tomato-onion relish, sauce and
pita. Chicken 9.99 Beef 10.99
Lamb 11.99 Salmon 13.49



Plentiful Platters Choice of one wrap and two sides. Chicken 12.49 Beef 13.49 Lamb 14.49 Salmon 15.99



Meddys Main Plate
Your choice of protein served with
roasted veggies, dressed with a
mixed herb garnish, and your choice
of side. Chicken 13.49 Beef 14.49
Lamb 15.49 Salmon 16.99



Hummus Stacked Bowl Your choice of protein with roasted veggies, sprinkled with parsley and served on hummus. • (GF with chicken & beef) (DF with lamb & salmon) Chicken 12.99 Beef 13.99 Lamb 14.99 Salmon 16.49

MINI MEDDYS

All Mini Meddys items come with a small drink Dine-In 1.99 - Adults & To-Go 4.99



Chicken Tenders & Fries



Kids Bowl Choice of protein, served with rice and sauce. • GF



Mac & Cheese



VG = VEGETARIAN V = VEGAN
GF = GLUTEN FREE DF = DAIRY FREE
We proudly serve Pepsi beverages.



SKIP THE LINE

Download the Meddys
app on iPhone or Android
to order To-Go, Curbside
or Dine-In!

SHAWARMAS



Cracking Combo Choose one shawarma, one side and a drink. Veggie 10.99 Chicken 10.99 Beef 11.99 Lamb 12.99 Salmon 14.49



Succulent Chicken Sliced chicken breast, crispy lettuce, tomatoes, pickles and creamy garlic sauce all wrapped in pita. 8.49



Banging Beef Sliced beef with a tomato-onion relish, layers of hummus, red pepper, garlic and parsley, encased in pita. 8.99



Grilled Grazer Grilled spiced beef kefta, wrapped in pita with tomato-onion relish and hummus, 8.99



ShawarmBaa Juicy lamb stuffed in a pita wrap with lettuce, onions and peppers dressed with minty tzatziki. 9.99



Swimming Shawarma Marinated salmon with herbs and spices grilled to perfection served in a pita with lettuce, cucumber, tomato and tzatziki. 12.49



Falafel
Lentils, garbanzo and fava beans
blended with spices and fried until
crisp, with tomatoes, parsley, pickled
turnips, tahini and pita. · V VG DF 8.49



Veggie Delight Grilled zucchini, squash, cauliflower, tomatoes, onions and red peppers seasoned with sumac and pomegranate molasses, layered with hummus and pita. • V VG DF 8.49

CLASSICS



Grilled Citrus Salmon
Salmon served with tabbouleh, roasted veggies, tomato-onion relish and tzatziki, 15,99



Spanish Eggplant
Braised eggplant with bell peppers,
onions, garlic and tomatoes, finished
with balsamic and feta, served over rice.
• VG (GF W/O pita) 8.49



Garlicky Chicken
½ roast chicken, garlicky
potatoes, tomato-onion relish,
pickles and pita. 13.99



Fancy Falafels 5 falafel patties served with salad, hummus, pita and Spanish eggplant. • V VG DF 9.99



Heavenly Hummus Plate Shawarma served with hummus and pita. Chicken 9.99 Beef 10.99 Lamb 11.99 Salmon 13.48



Bulked Baba Ghanoush Roasted eggplant mixed with tahini and spices, served with pita or veggies. • V VG DF (GF W/O pita) 5.49 med/8.49 lg



n Heaped Hummus Pureed garbanzo beans with lemon juice and tahini, served with pita bread or fresh veggies. • V VG DF (GF W/O pita) 5.49 med/8.49 lg

ADD ONS

For\$ 2.39, add a side to any wrap, bowl or platter

Fattoush Salad • V VG DF (GF W/O Pita)

Mediterranean Salad • VG (DF W/O Feta)

Tomato Soup • VG

Lentil Soup • V VG GF DF

Spanish Eggplant • VG GF

Garlicky Potatoes ⋅ V VG GF DF

Baba Ghanoush • V VG DF (GF With Veggies)

Shoestring Fries • V VG GF DF

Rice • V VG GF DF

Hummus • V VG DF (GF With Veggies)

Roasted Or Fresh Veggies \cdot V VG DF GF

Pita Bread Or Chips • V VG DF

Tabbouleh • V VG DF



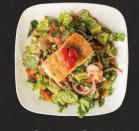
* Salads - half portion 6.49, full portion 8.99



Fattoush Salad
Crunchy romaine lettuce with
cucumbers, tomatoes, onions, bell
peppers and radishes, flavored
with sumac, parsley and mint.
• V VG DF (GF W/O pita) *



Mediterranean Salad Romaine lettuce with garbanzo beans, cucumbers, cherry tomatoes, onions and za'atar, topped with crumbled feta and dressed with balsamic vinegar. • VG (DF W/O feta) *



Salmon Salad Grilled salmon filet seasoned with herbs and spices and served over your choice of salad. • (GF W/O pita) 15.99



Tabbouleh Salad
The classic Lebanese mix of
bulgur wheat steamed with
lemon juice and olive oil, finished
with plenty of parsley, tomatoes,
onions and spices. • V VG DF



Lovely Lentils
Diced carrots, celery, onions,
tomatoes braised with lentils
and seasoned with parsley.
• V VG GF DF



Creamy Tomato
Blended mix of ripe
tomatoes, sautéed onions
and fresh cream. • V6



Combo Choice of one half salad and one full portion of soup 8.49



Soups – half portion 3.29, full portion 5.49