#### **BOWLS & PLATTERS**



Big Bowls Your choice of protein cooked to perfection, served on steamed rice or veggies, with tomato-onion relish, and sauce. Chicken 10.99 Beef 11.99 Lamb 12.99 Salmon 14.48 • (GF excluding lamb)

### **SHAWARMAS**

Gluten free pita available upon request



**Plentiful Platters** Choice of one wrap and two sides. Chicken 13.49 Beef 14.49 Lamb 15.49 Salmon 16.99



Hummus Stacked Bowl Your choice of protein with roasted veggies, served on hummus, with pita on the side. (GF with chicken & beef) (DF with lamb & salmon) Chicken 12.99 Beef 13.99 Lamb 14.99 Salmon 16.49 Fresh veggies available for upcharge.



Meddys Main Plate Your choice of protein served with roasted veggies, dressed with a mixed herb garnish and your choice of side. Chicken 14.49 Beef 15.49 Lamb 16.49

## **MINI MEDDYS**

All Mini Meddys items come with a small drink Dine-In 1.99 - Adults & To-Go 5.99



Chicken Tenders & Fries



Kids Bowl Choice of protein, served with rice and tomato-onion relish. • GF Veggie base available for upcharge







CLASSICS



Banging Beef Sliced beef with a tomato-onion relish, layers of hummus, red pepper, garlic and parsley, encased in pita. 10.79



Grilled Grazer Grilled spiced beef kefta, wrapped in pita with tomato-onion relish and hummus. 10.79 • DF



ShawarmBaa Juicy lamb stuffed in a pita wrap with lettuce, tomatoes, onions, and peppers dressed with tzatziki. 10.79



Swimming Shawarma Marinated salmon with herbs and spices grilled to perfection. Served in pita with lettuce, cucumber, tomato and tzatziki. 13.99



Heavenly Hummus Plate Shawarma served with hummus and pita. Chicken 10.99 Beef 11.99 Lamb 12.99 Salmon 13.48 Fresh veggies available for upcharge

Bulked Baba Ghanoush Roasted eggplant mixed with tahini and spices, served with pita.  $\cdot$  V VG DF (GF W/O pita) 7.49 med/9.49 lg Fresh veggies available for upcharge



# **SOUPS & SALADS**

\*Salads – half portion 7.99, full portion 9.99



Fattoush Salad Crunchy romaine lettuce with cucumbers, tomatoes, onions, bell peppers, radishes, and pita strips. Flavored with sumac, parsley and mint. • V VG DF (GF W/O pita) \*





Mediterranean Salad

Romaine lettuce with garbanzo beans,

cucumbers, cherry tomatoes, and onions, topped with crumbled feta and dressed with balsamic vinaigrette. • VG GF (DF W/O feta) \*



Garlicky Chicken ½ roast chicken, garlicky potatoes, tomato-onion relish, turnips, and pickles. 14.49 · GF



Fancy Falafels 5 falafel patties served with salad, hummus, pita and Spanish eggplant. • V VG DF 11.99

Soups – half portion 4.99, full portion 6.99





Creamy Tomato Blended mix of ripe parsley and onions blended with heavy cream. • VG tomatoes, sautéed onions and fresh cream. • VG





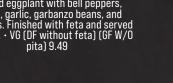
Tabbouleh Salad Lovely Lentils The classic Lebanese mix of bulgur wheat steamed with Diced carrots, celery, onions, tomatoes braised with lentils and seasoned with parsley. • V VG GF DF lemon juice and olive oil, finished with plenty of parsley, tomatoes, onion and spices. • V VG DF







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Salmon Salad

Grilled salmon seasoned with

herbs and spices. Served over

your choice of salad.

• (GF W/O pita) 16.99



#### VG = VEGETARIAN V = VEGAN **GF = GLUTEN FREE DF = DAIRY FREE** We proudly serve Pepsi beverages.

The Grand Finale Complete your meal with a shareable Complete your meas aron a sourcebbe baklava ice cream treat for \$8.99





Falafel Garbanzo and fava beans blended with spices and fried until crispy, with tomatoes, parsley, pickled turnips, tahini and pita.  $\cdot$  V VG DF 9.79



Heaped Hummus Pureed garbanzo beans with lemon juice and tahini, served with pita bread. • V VG DF (GF W/O pita) 7.49 med/9.49 lg Fresh veggies available for upcharge

Combo Choice of one half salad and one full portion of soup 9.79



Veggie Delight Grilled zucchini, squash, cauli tomatoes, onions and red peppers seasoned with sumac and pomegranate molasses, layered with hummus and wrapped in pita. • V VG DF 9.79

# **SIDES**

For \$3.39, add a side to any wrap Fattoush Salad  $\cdot$  V VG DF (GF W/O Pita) Mediterranean Salad · VG GF (DF W/O Feta) Tabbouleh • V VG DF Hummus · V VG DF (GF With Veggies) Roasted Or Fresh Veggies • V VG DF GF Spanish Eggplant • VG DF GF Garlicky Potatoes • V VG GF DF Baba Ghanoush • V VG DF (GF With Veggies) Shoestring Fries • V VG GF DF Rice · V VG GF DF Tomato Soup • VG Lentil Soup • V VG GF DF Mushroom Soup · VG Pita Bread Or Chips • V VG DF