

# SOUPS & SALADS

\*Salads – Half portion 7.99  
Full portion 9.99

Soups – Half portion 4.99  
Full portion 6.99

## Fattoush Salad\*

Crisp romaine lettuce, cucumbers, tomatoes, onions, bell peppers, radishes, pita strips, sumac, parsley and mint. (V) (VG) (DF) (GF) W/O pita

## Lovely Lentils Soup

Diced carrots, celery, onions, tomatoes braised with lentils and seasoned with parsley. (V) (VG) (DF) (GF)

## Tabbouleh Salad\*

Bulgur wheat, lemon juice, olive oil, parsley, tomatoes, onion and spices. (V) (VG) (DF)

## Mushroom Soup

Sautéed mushrooms, parsley and onions blended with heavy cream. (VG)

## Mediterranean Salad\*

Romaine lettuce, garbanzo beans, cucumbers, cherry tomatoes, and onions, crumbled feta, and balsamic vinaigrette. (VG) (GF) (DF) W/O feta

## Creamy Tomato Soup

Blended mix of ripe tomatoes, sautéed onions and heavy cream. (VG)

## Salmon Salad

Grilled salmon seasoned with herbs and spices and served over your choice of salad. 16.99 (GF) W/O pita

## Soup & Salad Combo

Choice of one half salad and one full portion of soup. 9.79

# BOWLS & PLATTERS



## Big Bowls

Your choice of protein cooked to perfection, served on steamed rice, with tomato-onion relish, and sauce. Chicken 10.99 Beef 11.99 Lamb 12.99 Salmon 14.49 (GF) excluding lamb



## Hummus Stacked Bowl

Your choice of protein with roasted veggies, served on hummus, with pita on the side. Chicken 12.99 Beef 13.99 Lamb 14.99 Salmon 16.49 (GF) with chicken, beef, & salmon (DF) with lamb & salmon W/O sauce Fresh veggies available for upcharge.



## Meddys Main Plate

Your choice of protein served with roasted veggies, dressed with a mixed herb garnish and your choice of side. Chicken 15.49 Beef 16.49 Lamb 17.49

# MEDDYS

## Kansas City Locations

### Prairie Village

4105 W 83rd St, Prairie Village, KS  
(913) 800-9970

### Brookside

6301 Brookside Plaza, Kansas City, MO  
(816) 708-0211

Lenexa (Coming Soon)

Liberty (Coming Soon)

WE CATER!



[www.meddys.com](http://www.meddys.com)

[@eatmeddys](https://www.instagram.com/eatmeddys)

2-14-2024



# MEDDYS<sup>TM</sup>

# MENU

# SHAWARMAS

Flavorful fillings wrapped in warm pita bread.  
Gluten free pita available upon request.

## Succulent Chicken

Sliced chicken breast, crispy lettuce, tomatoes, pickles, and creamy garlic sauce. 9.79

## Banging Beef

Sliced beef with tomato-onion relish, layers of hummus, roasted red pepper sauce, garlic, and parsley. 10.79

## Grilled Grazer

Grilled spiced beef kefta with tomato-onion relish, tahini, and hummus. 10.79 (DF)

## Shawarmbaa

Juicy lamb stuffed in a pita wrap with lettuce, tomatoes, onions, and peppers dressed with tzatziki. 11.79

## Swimming Shawarma

Marinated salmon with herbs and spices grilled to perfection, with lettuce, cucumber, tomato and tzatziki. 13.99

## Falafel

Garbanzo and fava beans blended with spices and fried until crispy, with tomatoes, parsley, pickled turnips, and tahini. 9.79 (V) (VG) (DF)

## Veggie Delight

Grilled zucchini, squash, cauliflower, tomatoes, onions and red peppers seasoned with sumac and fattoush dressing, layered with hummus. 9.79 (V) (VG) (DF)

# MINI MEDDYS

All Mini Meddys items come with a small drink  
12 and Under 1.99 - Adults & To-Go 5.99

## Chicken Tenders & Fries

Rice or veggies available for upcharge.

## Kids Bowl

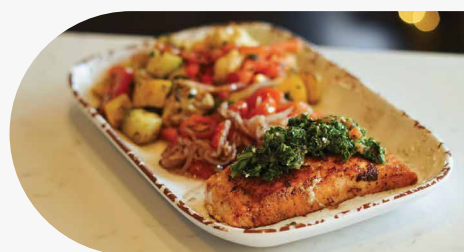
Choice of protein, served with rice and tomato-onion relish. (GF)

Fries or veggies available for upcharge.

## Mac & Cheese

(VG)

# CLASSICS



## Grilled Citrus Salmon

Salmon served with tabbouleh, roasted veggies, tomato-onion relish and tzatziki. 16.49



## Spanish Eggplant

Braised eggplant with bell peppers, onions, garlic, garbanzo beans and tomatoes. Finished with feta and served over rice. 9.49

(VG) (DF) without feta) (GF) W/O pita)



## Garlicky Chicken

½ roast chicken, garlicky potatoes, tomato-onion relish, and pickles. 14.99 (GF) (DF)



## Fancy Falafels

5 falafel patties served with salad, hummus, pita and Spanish eggplant. 11.99 (V) (VG) (DF)



## Bulked Baba Ghanoush

Roasted eggplant mixed with tahini and spices, served with pita.

7.49 med/9.49 lg

(V) (VG) (DF) (GF) W/O pita)

Fresh veggies available for up charge.



## Heaped Hummus

Pureed garbanzo beans with lemon juice and tahini, served with pita bread. 7.49 med/9.49 lg

(V) (VG) (DF) (GF) W/O pita)

Fresh veggies available for up charge.



## Heavenly Hummus Plate

Shawarma served with hummus and pita. Chicken 10.99 Beef 11.99

Lamb 12.99 Salmon 14.49

Fresh veggies available for upcharge.

# DESSERTS

## Triple Chocolate Mousse

Three layers of cocoa cream, chocolate ganache, & white chocolate on a base of cocoa crumbles. 4.99

## Tiramisu

Italian mascarpone mousse layered with coffee dipped Savoirdi ladyfingers. 4.99

## Root Beer Float

5.49

## Lemon Tart

Refreshing lemon cream custard layered with butter cookie crumble, creamy mousse, and lemon sauce. 4.99

## The Grand Finale

Chocolate filled phillo dough topped with vanilla ice cream and pistachio nut sprinkles. 8.99

## Assorted Baklava Trays

Sweet and nutty flavors, with crispy and flaky phyllo dough. 39.99

# SIDES

For \$3.39, add a side to any wrap

Hummus • (V) (VG) (DF) (GF) With Veggies)

Baba Ghanoush • (V) (VG) (DF) (GF) With Veggies)

Spanish Eggplant • (VG) (DF) (GF)

Garlicky Potatoes • (V) (VG) (DF) (GF)

Shoestring Fries • (V) (VG) (DF) (GF)

Rice • (V) (VG) (DF) (GF)

Tomato Soup • (VG)

Lentil Soup • (V) (VG) (DF) (GF)

Mushroom Soup • (VG)

Tabbouleh • (V) (VG) (DF)

Mediterranean Salad • (VG) (GF) (DF) W/O Feta)

Fattoush Salad • (V) (VG) (DF) (GF) W/O Pita)

Pita Bread Or Chips • (V) (VG) (DF)

Roasted Or Fresh Veggies • (V) (VG) (DF) (GF)

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.*

*Our gluten-free items are prepared in a common kitchen. While we take steps to minimize the likelihood of exposure to gluten, our gluten-free items are not recommended for guests with a gluten sensitive disorder.*

(V) Vegan (VG) Vegetarian (DF) Dairy Free (GF) Gluten Free